New Years Resolutions for a Healthier Dog: A Month-By-Month Guide

By Nancy Kay D.V.M

With the New Year rapidly approaching, now is the perfect time to begin thinking about New Year's Resolutions. This year, how about getting your dogs in on the act? Resolve to make their lives happier and healthier with assistance from the month-by-month guide below. Have a look and feel free to revise according to what best suits you and your pups.

January: Schedule a veterinary visit, even if your dog isn't due for any vaccinations. An annual visit includes a thorough physical examination- important because, the sooner a problem is discovered the greater

the likelihood for a good outcome. An annual veterinary visit also provides the opportunity to discuss your dog's nutrition, parasite control, behavior, and any other topics that are on your mind.

February: Take some whole body photos of your dog. It's fun to share them on Instagram and Facebook, and, if the unthinkable ever happens and your pup goes missing, you'll be able to post current images to facilitate a safe return.

March: With the weather starting to warm up a bit, now is a great time to begin a dog-walking regimen. Get out at least once or twice daily and gradually build up your distance. This will be fantastic for your dog's health and for yours as well.

April: This is National Heartworm Prevention month. Make sure your dog has been tested for heartworm disease (a simple blood test that is recommended annually) and that you are giving heartworm preventive medication exactly as prescribed.

May: This is "Chip Your Pet Month." If your dog hasn't been microchipped, make this a priority. If your pup is already microchipped, double-check that your current contact information is updated with the microchip registry.

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President's Message



Sharon Fremer

Happy 2017! I hope you all enjoy the new year in good health, with much happiness and prosperity. If, throughout the year, you discover new things to do with your dogs, please

share your adventures with the membership by submitting an article to the Growl. We can learn a lot from each other and our newsletter is the perfect place to do that. I know Tilly will be happy to include it. Please also submit your brags to Tilly. It's

fun to hear about everyone's successes!

Big thanks to Lorraine
Fennemore for making sure
our holiday dinner was, as
always, delicious and a lot of
fun. I had to miss it due to
a nasty case of the flu, but I
hear the food and gift swap
were great. Lorraine never
fails us!

Please give the club a few minutes of your time and respond to Amy Starost's survey in this issue of the Growl. It is important. Our goal is to make Ramapo Kennel Club relevant to all our members. This can only

be accomplished with your input. We want this club to be a vital part of your "dog life" and we will strive to make your suggestions reality.

We hope to play Pat Hastings' Puppy Puzzle video at next week's meeting. Information on Pat and Puppy Puzzle may be found here: Pat Hastings' Puppy Puzzle. I need to confirm we have a projector, so we will send an email out to confirm.

The next few months have the potential to bring snow, ice and freezing temperatures. If there is any question about a meeting being held, please confirm it before heading out the door. We will email and use the call tree to notify everyone. Feel free to call my cell phone (201-665-2565) or email me (teneo@mac.com) if you are unsure.

I look forward to seeing everyone next week!

Sharon

Ramapo Kennel Club Officers

President

Sharon Fremer teneo@mac.com

Vice President

Amy Starost

Treasurer

Ruth Henningsen

Recording Secretary

Kim Luikert

Corresponding Secretary

Tilly Grassa tgcreative@aol.com

Board of Directors 2017

Elaine Barone Lorraine Fennemore Janis Haves

2018

Melissa Ayer Sue Leonard Gerrie Oliver

AKC DelegateJeffrey David Ball

Minut€s

RKC Member Meeting December 14th 2016 Franco's Restaurant Caldwell, NJ 07006

In Sharon Fremer's absence, Amy Starost called the meeting to order at 7:24pm.

Amy thanked the members for coming to the Holiday party and wished everyone a happy and healthy New Year.

Lorraine Fennermore has the shirts and

jackets available to pick up for those who ordered them.

The updated rosters are available to pick up from Ruth Henningsen.

Elaine Barone made a motion to adjourn the meeting at 7:27PM seconded by Ruth voted upon and approved.

Respectfully submitted by Kim Luikert January 2, 2017

New Years Resolutions for a Healthier Dog

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June: Did you know that there is an actual "Take Your Dog To Work Day?" It happens this month! What a great way to spend quality time with your best bud and enjoy interacting with your coworkers in a new and different way.

July: Assemble a list of emergency contact information that is in or near your phone at all times. Include numbers for the ASPCA Poison Control Hotline, your family veterinary clinic, a local 24-hour emergency hospital, and people who can, spur of the moment, responsibly care for your dog.

August: Make a habit of grooming your dog or at least running your hands over every square inch of fur on a regular basis. Not only will this provide some bonding time, it will also enable early detection of fleas, ticks, skin diseases, and any newly forming lumps and bumps.

September: Commit to brushing your dog's teeth on a regular basis (at least three times a week) and then stick with this game plan. Don't know how? Get some help from your veterinarian.

October: Be prepared for National Pet

Obesity Awareness Day. Is your dog too lean, too heavy, or just right? Do you know your dog's body condition score? Check in with your veterinarian to help assess if your dog is at a healthy weight. If needed, get some advice on creating a healthy weight loss program.

November: Set up a pet trust. No fun to think about, but should you become incapacitated or pass away, a trust will ensure that your dog will be well cared for.

December: Prepare emergency evacuation supplies for your dog. Be sure to include a two-week supply of food and water (include a can opener if needed), food and water dishes, your dog's favorite treats, a collar or harness with ID tags, a leash, a carrier (particularly if your dog is small), a favorite blanket or bed, a copy of your dog's medical records, a month supply of any medications, a first-aid kit, and recent photos of your dog.

Wishing you and your loved ones a happy and healthy new year, Nancy Kay, DVM Reprinted from BIS Daily

Member Survey

** ATTENTION ALL MEMBERS **

PLEASE . . . complete the survey and take a few minutes to email Amy Starost your answers at astarost@yahoo.com or hand it to her at the January or February meeting. You can also text Amy at 551-486-2595. Ramapo Kennel Club is looking to make 2017 an outstanding year for our club and our members, but we need your help! Please let us hear your voice!

1. Do you attend RKC meetings?	Yes or No
If no, why not?	

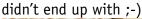
- 2. What can RKC do to get you to come back and attend the meetings?
- 3. Is there a specific topic or speaker you would like to have at our meeting? Please give us the details.
- 4. What fun activities or events can RKC plan for 2017?
- 5. How can RKC improve membership?
- 6. What would attract new members?
- 7. How do we get our members involved in club activities?
- 8. What would you like to see in 2017? Please be specific and include how we could do that.
- 9. Any comments, suggestions or concerns you would like to let the RKC board know about?

Remember, your thoughts and comments are important. It's all about YOU. Without our members, we are nothing! We need you, our members, to succeed, so please take a few minutes to give us your thoughts - it's your club!

Thank you,
Amy Starost, RKC Vice President
551-486-2595
astarost@yahoo.com

RKC Holiday Dinner at Franco's Ristorante

A great time was had by all. Here are some members showing off the gifts they probably

















THESE ARE THE MOST POPULAR DOG NAMES OF 2016

Rover.com released their annual list of top dog names this weekend. In addition to seeing the classics remain in the top ten, they also saw an increase in pop culture dog names, dogs named after powerful women, and food names.

The top ten names for male dogs are:

- 1 Max
- 2 Charlie
- 3 Buddy
- 4 Cooper
- 5 Jack
- 6 Rocky
- 7 Bear
- 8 Duke
- 9 Toby
- 10 Tucker

and for female dogs,

- 1 Bella
- 2 Lucy
- 3 Daisy
- 4 Lola
- 5 Luna
- 6 Molly
- 7 Sadie
- 8 Sophie
- 9 Bailey
- 10 Maggie

As for the 2016 trends, Rover found that "53% of dog owners have named their dog after a movie or TV character, book character, or celebrity."

In particular, Pokémon Go and "Game of Thrones" were well represented in the survey. Pokémon names including Haunter, Skitty, and Bayleaf, and for "Game of Thrones," Arya, Snow (as in Jon), and Khalessi.

AKC Delegates Report

The following is a brief summary of the December AKC Delegates meeting

AMERICAN KENNEL CLUB DELEGATES MEETING

Thursday, December 15, 2016 Committee Meetings attended

All-Breed Clubs Committee

- 1. Third All-Breed Survey Financial
- 2. Select AKC Humane Fund as recipient when completing "Survey Monkey" survey
- 3. Discussion: All-Breed Clubs Best Practices
- 4. Nominations for two vacancies on this committee
- 5. Update Committee contacts on our resource page
- Length of conformation shows subcommittee to be formed
- 7. Update All-Breed Advisory Team
- 8. Show Territory
- 9. National Juniors Organization
- 10. Closing date for entries
- 11. Superintendent entry verification
- 12. Uniform Judges Book
- 13. Reinstatement of a Dog disqualified for attacking
- 14. AKC NOHS program enhancements
- 15. Suspension of closed tunnel obstacle
- 16. Formation of Rally Clubs
- 17. Match regulation Amendment required for A & B Matches
- 18. Future Delegate Meeting Dates
- 19. Update Achiever Dog Program
- 20. Update AKC/AKC Reunite Pet disaster project

Parent Clubs Committee

- 1. Parent Club Conference List
- 2. Parent Club Delegate List
- 3. CGC Title Numbers
- 4. Parent Club Rescue Alliance List Group
- 5. Dock & Crop
- 6. Parent Club Health statements for AKC Online Classifieds
- 7. Pet Disaster Trailer 8. Parent Club Self-Evaluation
- 9. Archives
- 10. Specialty Show Email Campaign
- 11. Future Parent Club Conferences possible avenues
- 12. Campaign to get more Parent Clubs to join
- 13. Legislative
- 14. Parent Club Rescue placement on AKC Marketplace
- 15. Juniors

- 16. Veterinary Outreach
- 17. Group Realignment

Dog Show Rules Committee

- 1. Chairman Housekeeping Items Items sent to AKC since last meeting
- a. Ch 2, Sec 3
- b. Ch 11, Sec 8A
- 2. DQ Reinstatement Procedure
- 3. Removal of dates on class placement ribbons
- 4. Board of Director Liaison report
- 5. Update from Staff Liaison
- 6. Puppies of Achievement Certificate
- 7. Clean-up of the italicized portions of the Rules
- a. Ch 14, Sec 2 Visible Means of Identification in the Ring badges, shirts,

AMERICAN KENNEL CLUB DELEGATES MEETING

Friday, December 16, 2016

Legislative Caucus

Morning - Board Candidate introductions, debates and statements.

Voted on the proposed amendment to Chapter 6, Section 9, of the Rules Applying to Dog Shows, which would extend the closing time for entries to be no later than 11:59 PM. Defeated, did not have sufficient support to pass

New changes read, not voted on till March:

- 1) Proposed amendment to Chapter 2, Section 3, of the Rules Applying to Dog Shows, which would enable the AKC upon receipt of an appeal, to approve a club for the holding of a show at a site within the area of another club on a case-by-case basis, if it believes the permission of the host club has unreasonably been denied.
- 2) Proposed amendment to Chapter 14, Section 14, of the Field Trial Rules and Standard Procedures for Retrievers, which would encourage new owners of young dogs to train and participate with their dogs in AKC retriever field trials. All subsequent sections in this chapter will be renumbered.

VIEW FROM THE OTHER END OF THE LEASH

January, 2017. It was only yesterday that I was the new kid on the block...now I have worn teeth, a graying muzzle, and take glucosamine/chondroitin every morning...oh, I can still chase squirrels and swim in icy water, but Sunday



Winter, left, Merlin, right.

snoozes in front of the fire feel very good too... After a while we earn our right to take it easy and rest on our competition laurels...(I'm not there yet)...however, the RKC instructors are at a loss when their dogs retire and they have no one



Ruth with Merlin

to train...the solution?...NEW PUPPIES!!!...there are 3 newbies in the RKC puppy kindergarten class...

Double trouble comes in the form of twin Siberian Huskies, co-owned by Elaine Barone and Ruth Henningsen...its really difficult to tell these two balls of fur apart...even harder to pull them apart when they pounce and roll all over each other in exuberant play...

Merlin lives with Ruth and is the slightly smaller of the two (this week)...he's beginning to get the idea that there is a boss on the other end of the leash...he's still finding his place with Nemo, Allie, and Quinn...

Winter lives with Elaine and is the bolder one... he has a mind of his own and really makes Elaine

work in class...he thinks nothing of chewing on the older dogs' ears...Hunter puts him in his place and Mickey just rolls with the flow...

Amy Starost and Sue Leonard co-own a new Entlebucher Mountain Dog...Oz lives with Sue and shares space with fellow Entlie, Ernie... he frequently visits at Amy's house where joins three other Entlebuchers...Amy works Oz in handling classes and Sue's husband, Ed, is learning right along with Oz in puppy kindergarten...

Rumor has it that Joanne Silver has a new Chessie puppy, Chance, (from her line) making his way slowly to the east coast...



Elaine, with Winter.

It was only yesterday that I was the new kid on the block...now I've gone from Young Lion to Old Guard...time for a nap...

UCD, URO2 Casbar Glen Wild Weekend CDX-C, CD, BN, RAE, RL3, ThD, CGCA (but you can call me "Friday")



0z

Brags





Lena Tamboer's Ch. Tam-Boer n'Tarlyn Silver Diamond of Carefot, winning Best of Breed and Best of Opposite Sex at the Bay Colony Dachshund Club, back to back specialties.

NEWS FROM KIWI

Ηi,

It is Kiwi again, and I have discovered SNOW. Mom says it is a 4 letter word that shecould easily do without, but we Great Pyrenees LOVE it. The first time that I saw it, I was happy to run in it and eat it, however, my house mates, Kernel and Kayleigh were content to roll in it and make snow angels. Kernel is now 136 pounds and lover to leave his bulky angel



marks in the snow,rolling over and over getting his coat nice and wet. Kayleigh, my grandmother, is more refined and merely makes tunnels in the snow with her nose.

Our favorite game in the snow is tag. I run and my siblings chase me. Then when they almost catch me, they turn around and I chase them. Sometimes I catch Kayleigh's tail. She is not too fond of me grabbing her tail. Kernel let me know a long time ago that his tail and hocks are off limits in this game. Kayleigh is more tolerant of my puppy transgressions. She kind

of lets me do what I want. (Grandma's are like that).

Boy, I love being a puppy. I hope we have lots of snow this season. I LOVE IT !!!!!!

ANNOUNCEMENT: Gerrie Oliver's new email address is: olivergerrie@gmail.com

CGC/CGCA/THERAPY DOG TESTING

Wednesday, February 1, 6:30PM
VFW/American legion hall (our training bldg)
You can pre-register by email:
ruthh.sno-dog@juno.com

Session 3 of classes starts on tuesday feb. 14

RKC Training Class Schedule - 2016/2017

TUESDAY RALLY CLASSES
7:30 - 8:15 RALLY ADV/EXC.
8:30 - 9:15 RALLY NOVICE
(Basic obedience skills required)

Session 2Nov 15, 29
Dec. 6, 20
Jan. 3, 17, 24

Session 3Feb. 14, 21, 28
Mar. 14, 21, 28
Apr. 4

Session 4Apr. 18, 25
May 2, 16, 23, 30
June 6

WEDNESDAY SCHEDULE
Puppy Kindergarten 6:30-7:15
Beginner Obedience 7:30-8:15
Advanced Beginner 8:30-9:15

Session 2 Nov 16, 30 Dec 7, 21 Jan 4, 18, 25

Session 3Feb 15, 22
Mar 1, 15, 22, 29
Apr 5

Session 4Apr 19, 26
May 3, 17, 24, 31
June 7

No classes July and August

FOR CLASS INFORMATION AND TIMES CONTACT:

New schedule starts after Labor Day.

Ruth Hennigsen 973-697-9456 or email at: RUTHH.SNO-DOG@JUNO.COM OR Elaine Barone 973-492-1876 email elaineb.bowow@juno.com OR Amy Starost 201-576-0491 email astarost@yahoo.com

Class registration form available on the website: ramapokennelclub.com/RKCClasses

2016 RKC Show Handling TUESDAY EVENINGS

6:45 - 7:30 Drop-in classes: \$12.00 per dog, OR 6 classes for \$60.00

Jan. 17, 24 Feb. 21, 28 Mar. 14, 28 April 18, 25 May 2, 23 June 6

FMI: Linda Hachtel 973-697-4337 or Sharon Fremer 201-665-2565, teneo@mac.com

CGC/CGCA/THERAPY TESTING (there is a fee for testing)
Feb 1 and June 13

Got Stuff?

Send your stories, news, brags, suggestions, comments and photos to Tilly Grassa, tgcreative@aol.com. Remember the Growl comes out about a week before each monthly meeting. Submissions are due two weeks before the meeting. The Growl is by and for the members so I need your help to make it interesting.



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Dates to remember:

All membership meetings are held at

American Legion Post 450 11 Oak Ave. Pequannock, NJ 07440 at 8:00 PM (unless otherwise noted)

Wednesday, January 11 Member Meeting, 8PM; Board Meeting 7:15. Program: TBA

Wednesday, February 8 Member Meeting, 8PM; Board Meeting 7:15. Program: TBA

Wednesday, March 8 Member Meeting, 8PM; Board Meeting 7:15. Program: TBA



11 Pershing Avenue Ridgewood, NJ 07450

FIRST CLASS MAIL